C.A.R.E presents...

Efficient Time for Effective Study

Tues. Feb. 20th @ 4 pm
Grainger rm. 433

Learn to plan your time and employ study strategies. Everyone studies differently--multiple strategies will be covered. Further topics will include organizing calendars, notebooks, etc. and stress and work life balance will be discussed.

Where do I sign up?
CARE website workshop tab

Who should attend?
This workshop is intended for all grade levels and majors. Anyone who has felt overwhelmed or disorganized may benefit from this workshop.

(Snacks Provided)